



South Rutland Elementary School
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 School Website: <http://www.sre.sd23.bc.ca>

Rocket Fuel

School Newsletter ~ January 25, 2010

This Week at Our School . . .

- ★ Yard Clean-UP—Mrs. Volk's Gr. 3 Class
- ★ Our school will provide disaster relief funds for the people of Haiti. Mrs. Pouliot's Gr. 6 class will be selling Sun-Rype Crunchy Apple Chips (donated to our school) starting on Wednesday (3 bags for \$1). Thanks for your support!

Monday, January 25th— Rocket Fuel Newsletter Day

- *Gr. 6 Boys Basketball— 11:00 am
- *After-School Care Program— 2:30-6 pm with Jody & Sandie

Tuesday, January 26th

- *Torch Relay Event— we all leave the school at 8:45 & return at about 9:45 am. Family members are invited to join SRE students/staff @ Hwy 33 & Rutland Rd.
- *Gr. 6 Girls Basketball—11:00 am
- *After-School Care Program— 2:30-6 pm with Jody & Sandie

Wednesday, January 27th—Family Literacy

- *Gr. 5 Boys Basketball— 11:00 am
- *12:30 pm— Cultural Performance by Ryan Donn (Parents/preschoolers welcome).
- NOTE: Mayor Sharon Shepherd will join us to watch Ryan's performance :-)
- *After-School Care Program— 2:30-6 pm with Jody & Sandie

Thursday, January 28th— Early Dismissal @ 12:30 pm

- *Parent-Teacher Conferences:
 - NO KINDERGARTEN CLASSES TODAY, Early Dismissal: Gr. 1-6 @ 12:30 pm
 - Recess @ 10 am today—send a hearty snack please, NO LUNCH BREAK
- *After-School Care Program— 12:30-6 pm with Jody & Sandie

Friday, January 29th— Early Dismissal @ 12:30 pm

- *Parent-Teacher Conferences:
 - NO KINDERGARTEN CLASSES TODAY, Early Dismissal: Gr. 1-6 @ 12:30 pm
 - Recess @ 10 am today—send a hearty snack please, NO LUNCH BREAK
- *After-School Care Program— 12:30-6 pm with Jody & Sandie

Thank You!

- ★ We're counting on SRE parents/guardians to stay connected to our school! Teachers are looking forward to this week's Parent-Teacher Conferences (Thursday/Friday)! Our goal is to have 100% attendance at these important meetings—we hope you will work with us to support your child's learning in the last half of the school year!
- ★ With cold and flu season in full swing, we'd like to pass on our appreciation to all the parents who phone the Office to let us know when your child is away. We have voice mail so you can call us any time, day or night (250-765-7785).
- ★ The PAC volunteers who help serve the BC Fruit & Vegetable Nutritional Program and who make lunch for us most Fridays. NOTE: Because of Parent-Teacher Conferences on Thursday and Friday this week, there is NO LUNCH BREAK and we will have a MORNING RECESS. Families are asked to make sure your children have hearty snacks on both days so our students stay 'fueled up' until their 12:30 pm dismissal.

Mission: Healthy Living —Families Matter!

Our school continues to work hard with your children to improve their academic skills. We need family support to achieve this goal—helping your child to practise "healthy living" can make a difference and increase student success. We know that healthy learners do better at school! Families can help by providing:



- ★ A bedtime story before a good night's sleep (10-12 hours is recommended for children).
- ★ Breakfast—helps your child to fuel-up for learning daily! We are still looking for a parent volunteer to help with our school's Breakfast Program. Call Mrs. Mutter at 250-765-7785 if you can lend a hand.
- ★ Healthy snacks and meals for school—send fresh fruits, whole grains and fresh vegetables. Empty calories from "least serve" foods like pop and candy don't give lasting energy for learning! Your children are invited to bring healthy, "brain food" snacks into the classroom to nibble on while they work on morning lessons.
- ★ Milk (or soy) that builds strong bones, bodies & brains! We encourage you to choose the milk option when you participate in the PAC Lunch Program. Children need 4-6 servings daily.
- ★ Water to drink (the brain needs water to stay hydrated and operate at top speed). Water bottles can be available on your child's desk for sipping all day. Remember, water bottles should be washed with soap/hot water every day to kill bacteria.

Tidbits



Congratulations!

To one of our **Grade 5 students**—our school's Chess Champion for 2010!

He strategized his way through several matches with other SRE chess "masters" from **Grade 4 & Grade 6 (names aren't published in our online newsletter)** to win the round robin Tournament at SRE!

Anthony also played a match against our own Mr. DeLaurentiis and won! This was a rare defeat!

All interested students (Primary & Intermediate) are invited to the District's "Beginners' Luck Chess Tournament" on **January 30th** from 1-3:30 pm @ **Mt. Boucherie Secondary**. Cost: \$10 (includes pizza, snacks & door prizes). Arrive early to register.

Good luck!

Coming Up @ SRE

- ★ Yard Clean-Up: Ms Parnell's Gr. 4 class
- ★ Help for Haiti- Crunchy Apple Chip snacks will be sold every day at lunch break and recess. Cost: 3 pkg/\$1.

Monday, February 1st- REGISTRATION FOR 2010/2011 BEGINS!

- Gr. 3 Swimming Program- Session 2 @ 12 pm
- After-School Care Program from 2:30-6 pm with Jody/Sandie

Tuesday, February 2nd- BC Fruit & Veg Program: Organic Apples

- Lunching with the Law- for a lucky Intermediate student
- After-School Care Program from 2:30-6 pm with Jody/Sandie
- 6:30 pm- Gr. 6 Parent Meeting in the school Library

Wednesday, February 3rd

- Inside Out Program for Ms Dionne's & Mrs. Pouliot's classes (this program will run for 5 weeks)
- Buddy Skating (Mrs. Powell/Ms Parnell) @ 12 noon (all Ks attend in PM only from 11:57 am—2:30 pm)
- ELFF Session #2 @ 5:30-7 pm (for families who pre-registered)
- After-School Care Program from 2:30-6 pm with Jody/Sandie

Thursday, February 4th- BC Fruit & Veg Program: Organic Apples

- After-School Care Program from 2:30-6 pm with Jody/Sandie

Friday, February 5th- PAC Hot Lunch: Pizza

- After-School Care Program from 2:30-6 pm with Jody/Sandie

More Thanks!

There's a group of hard-working parent volunteers who are organizing the Grade 6 class' year-end celebrations.

- ❄ Thank you to Mrs. Sharlene Drohomereski for leading the parent volunteers to get the planning started!
- ❄ Thanks to our community for your support of PAC fundraising efforts—the PAC provides the \$\$ to pay for this event & Gr. 6 field trips!
- ❄ **IMPORTANT:** There will be a meeting for parents of Gr. 6 students on **Wed., February 2nd @ 6:30 pm**. Mark your calendar—see you there.